Step 1: Login or Sign up for access from home. (If you are not yet registered and signing up for the first time, please note that you must be within the IP range of your institution).

Step 2: Once you are logged in, select USMLE® Step 1 in the left-hand menu.

Visit https://medone-education.thieme.com within your institution's network.
Step 3: Click the red bar Launch Adaptive Learner: Step 1 which takes you directly to the MedOne Adaptive Learner platform.

You now have access to the main dashboard and can start using MedOne Adaptive Learner Step: 1.