Quick Start Guide

MedOne Adaptive Learner: Step 1
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MedOne Adaptive Learner: Step 1 is an adaptive learning medical education platform that uses high-yield USMLE®-style questions to support knowledge retention, application, and synthesis from the first day of medical school. It actively identifies and addresses educational gaps and misconceptions to provide a personalized learning path for each user to supplement course work, practice for class exams, and guides you through the first two years of medical school.

It includes 4,000+ multiple choice questions and answer explanations covering 11 USMLESpecified disciplines, grouped into 188 modules by subtopics relating to organ system, disease/condition, abnormal/normal process, and other concepts related to each discipline.

[A] SUSTAIN Displays completed modules, now in Refresh mode.

[B] TO DO Displays modules in progress or not yet started.

[C] FUTURE Modules postponed, to be completed later.
Click on a Learn Card in TO DO to display the sub-topics in that discipline.

Click “close” in upper right-hand corner to go back to other disciplines.

Modules consisting of question sets and study resources. Learn modules are organized into 11 disciplines, to align with the USMLE® Step 1 test.

- Modules remaining to complete in discipline
- Discipline (11 in the USMLE® Step 1)
- Module name
- Your progress through the module
- Estimated time to complete module
Learning Slides provide additional information on a topic to reinforce what you have learned.

Answer the questions presented to you and select the metacognition button to indicate how confident you are in your answer. Your answer and your self-assessment will power the adaptive learning algorithm.

Your response drives the algorithm to deliver a personalized experience ensuring the most efficient and effective use of your time.
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