

# MedOne Adaptive Learner: Step 1

## Quick Start Guide

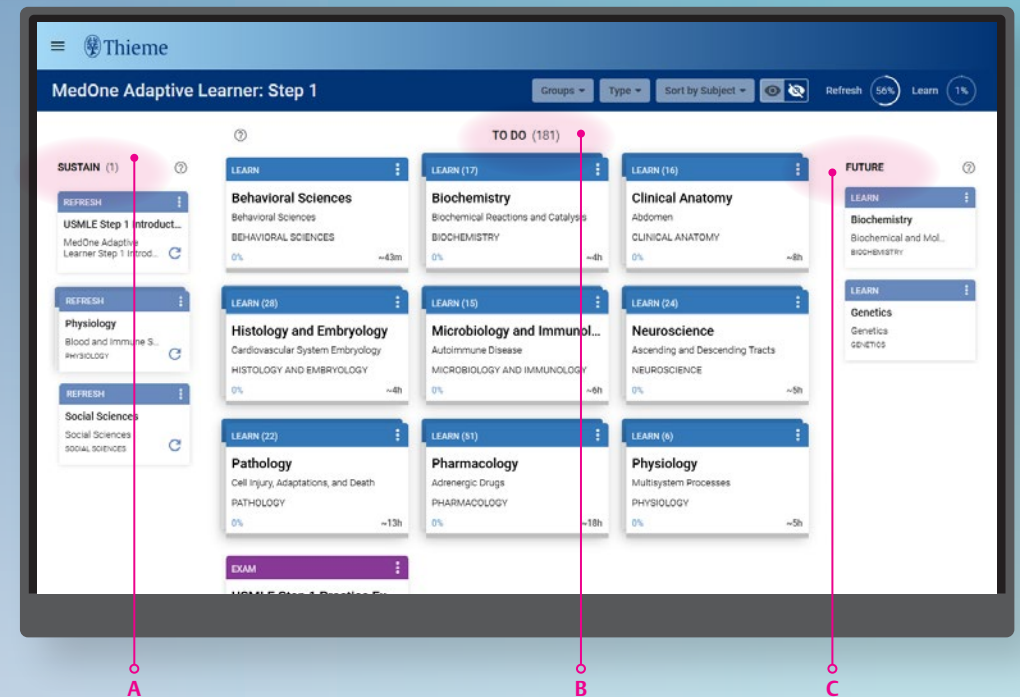


## MedOne Adaptive Learner Step: 1

MedOne Adaptive Learner: Step 1 is an adaptive learning medical education platform that uses high-yield USMLE®-style questions to support knowledge retention, application, and synthesis from the first day of medical school. It actively identifies and addresses educational gaps and misconceptions to provide a personalized learning path for each user to supplement course work, practice for class exams, and guides you through the first two years of medical school.

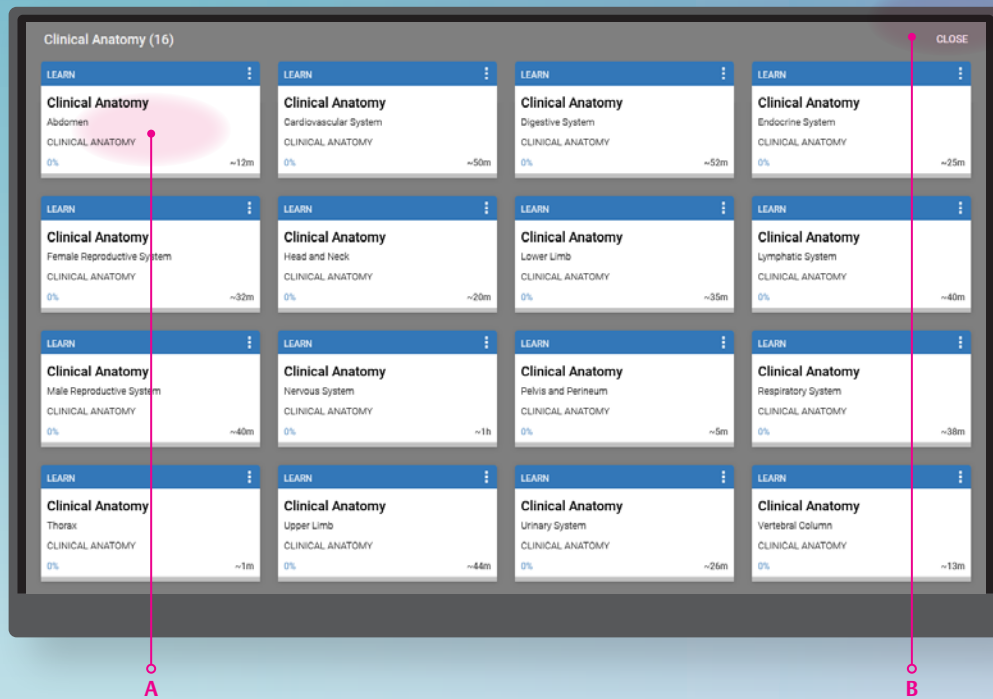
It includes 4,000+ multiple choice questions and answer explanations covering 11 USMLE-specified disciplines, grouped into 188 modules by sub-topics relating to organ system, disease/condition, abnormal/normal process, and other concepts related to each discipline.

## MedOne Adaptive Learner: Step 1 Dashboard



- [A] SUSTAIN Displays completed modules, now in Refresh mode.
- [B] TO DO Displays modules in progress or not yet started.
- [C] FUTURE Modules postponed, to be completed later.

## Viewing a discipline.

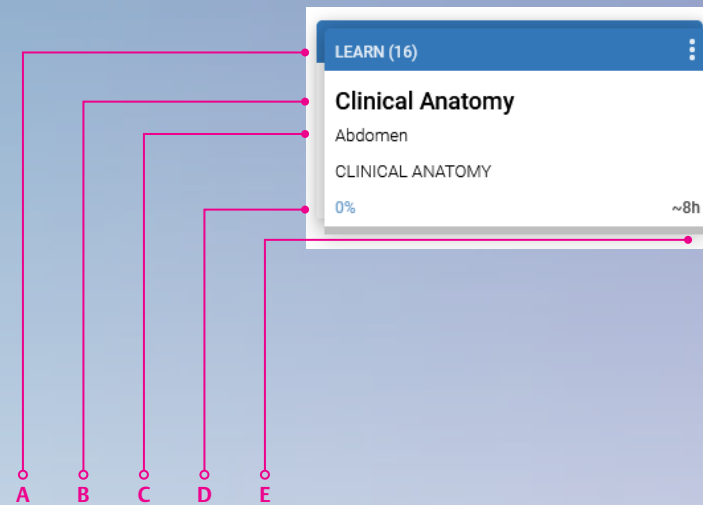


- [A] Click on a **Learn Card** in TO DO to display the sub-topics in that discipline.
- [B] Click “close” in upper right-hand corner to go back to other disciplines.

## LEARN Cards

Modules consisting of **question sets** and **study resources**.

Learn modules are organized into 11 disciplines, to align with the USMLE® Step 1 test.



- [A] Modules remaining to complete in discipline
- [B] Discipline (11 in the USMLE® Step 1)
- [C] Module name
- [D] Your progress through the module
- [E] Estimated time to complete module

Answer the questions presented to you and select the metacognition button to indicate how confident you are in your answer. Your answer and your self-assessment will power the adaptive learning algorithm.


The screenshot shows a Thiemed learning interface. At the top, there is a progress bar for 'Cardiovascular System' at 0%. The main content area contains a text-based case study: 'A 61-year-old man with complaints of progressively worsening headaches and concern that his vision is rapidly deteriorating visits his primary care physician. After an initial workup is unrevealing, the patient is referred for CT angiography that shows a saccular-type (berry) aneurysm on an artery on the ventral surface of the brain (refer to the arrow in the accompanying image)'. Below the text is a CT angiography image of the brain's arterial system with a white arrow pointing to a saccular aneurysm. Below the image is a question: 'Which of the following arteries has the aneurysm in this patient?'. The answer choices are: 'Posterior communicating', 'Basilar', 'Anterior cerebral', and 'Posterior cerebral'. At the bottom, there are four metacognition buttons: 'I KNOW IT' (green), 'THINK I KNOW IT' (light green), 'NOT SURE' (orange), and 'NO IDEA' (red). A magnifying glass icon is visible in the top right corner of the image area. Red lines with letters A through F point to various elements: A points to the case text, B to the case question, C to the progress bar, D to the metacognition buttons, E to the randomized answer choices, and F to the magnifying glass icon.

- [A] Case text
- [B] Case question
- [C] Progress in module
- [D] Metacognition Buttons
- [E] Randomized answer choices
- [F] Enlarge image

**Learning Slides** provide additional information on a topic to reinforce what you have learned.

The screenshot shows a Thiemed learning interface. At the top, there is a progress bar for 'Head and Neck' at 3%. The main content area is titled 'CERVICAL SPINAL LIGAMENTS' and features a detailed anatomical diagram of the cervical spine. The diagram labels various ligaments and structures, including the 'Anterior arch of atlas (C1)', 'Dens of axis (C2)', 'Nuchal lig.', 'Ligamenta flava', 'Intervertebral foramen', 'Intervertebral disk', 'Anterior longitudinal lig.', 'Spinous process', 'Posterior longitudinal lig.', 'Interspinal lig.', and 'C7 vertebral body (vertebra prominens)'. Below the diagram are four metacognition buttons: 'I KNEW' (green), 'GOT IT NOW' (light green), 'THINK I GOT IT' (orange), and 'I DON'T GET IT' (red). A magnifying glass icon is visible in the top right corner of the diagram area. The text 'CHALLENGE US' is at the bottom of the slide. Red lines with letters A through F point to various elements: A points to the case text, B to the case question, C to the progress bar, D to the metacognition buttons, E to the randomized answer choices, and F to the magnifying glass icon.

Your response drives the algorithm to deliver a personalized experience ensuring the most efficient and effective use of your time.



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