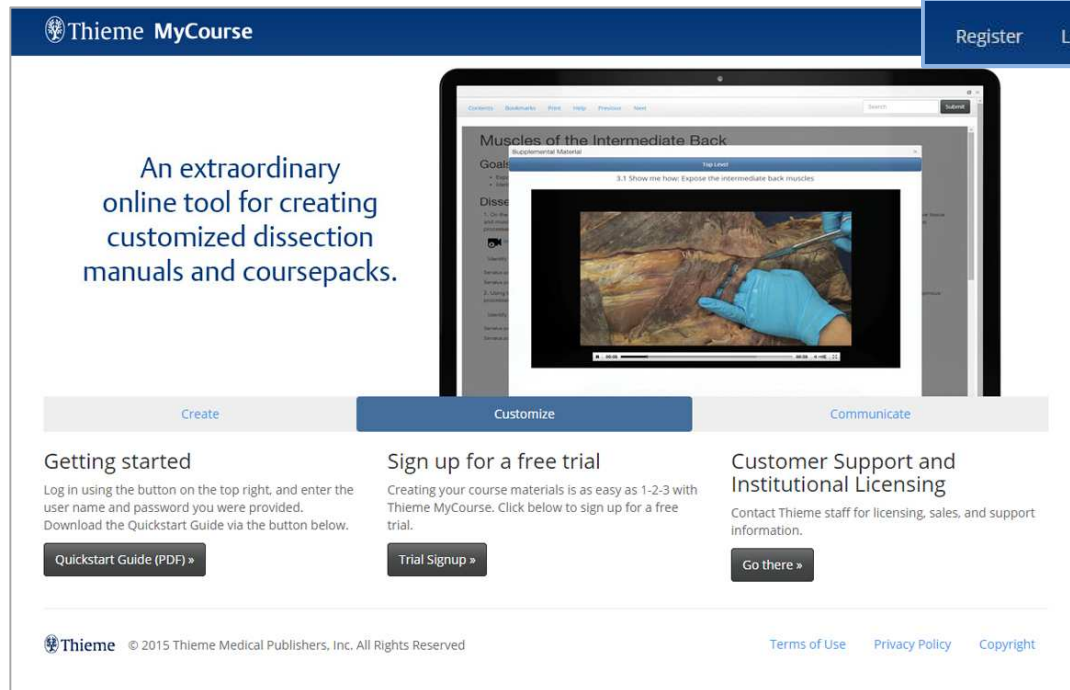


Signing in and getting started



1 Log in with the username and password sent by your sales rep.

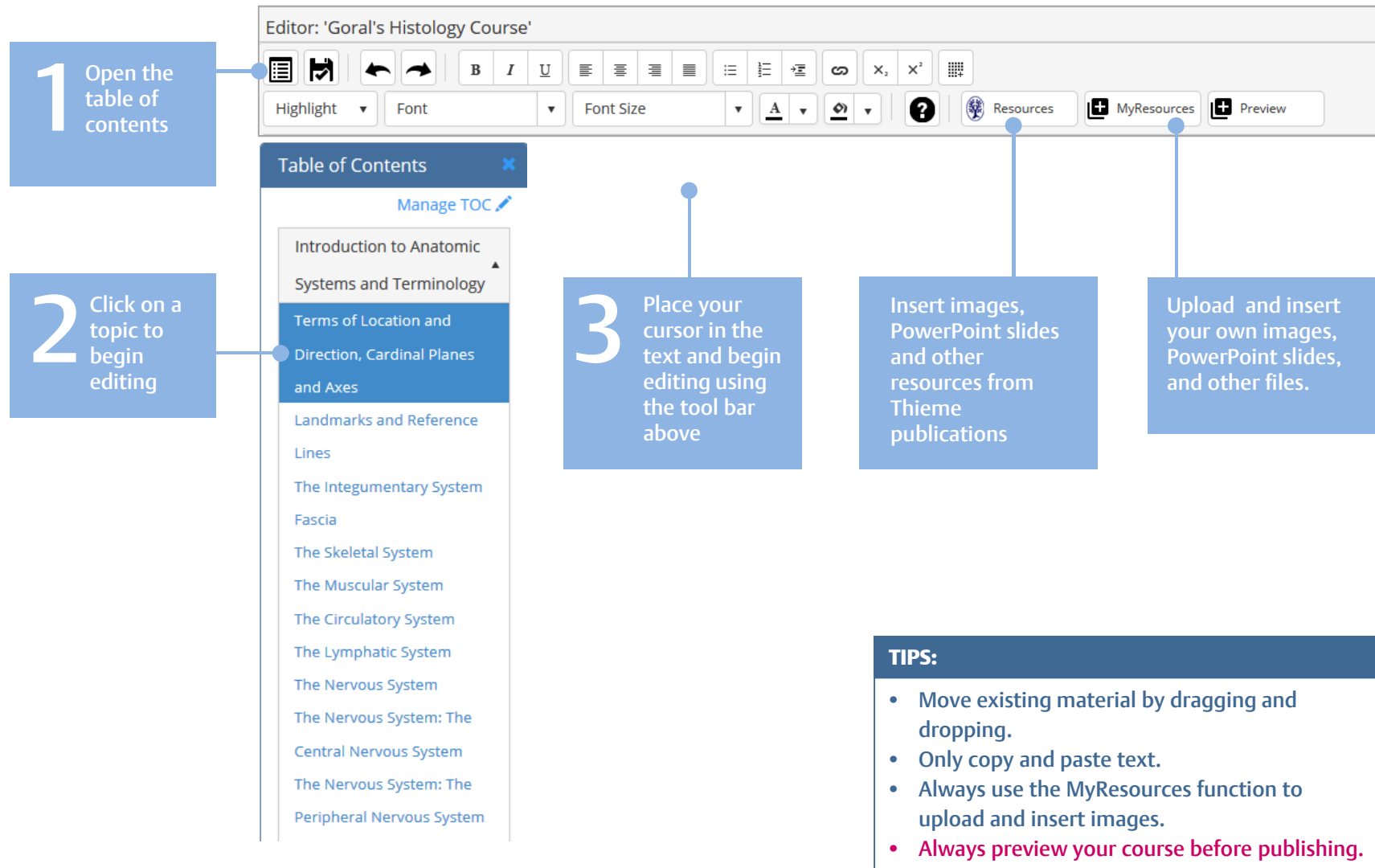
After logging in, you will have direct access to the instructor studio



2 Rename your course here if you wish.

3 Start editing your course! Also, view the full library of videos which are integrated within the content set.

How to use the editing tool



1 Open the table of contents

2 Click on a topic to begin editing

3 Place your cursor in the text and begin editing using the tool bar above

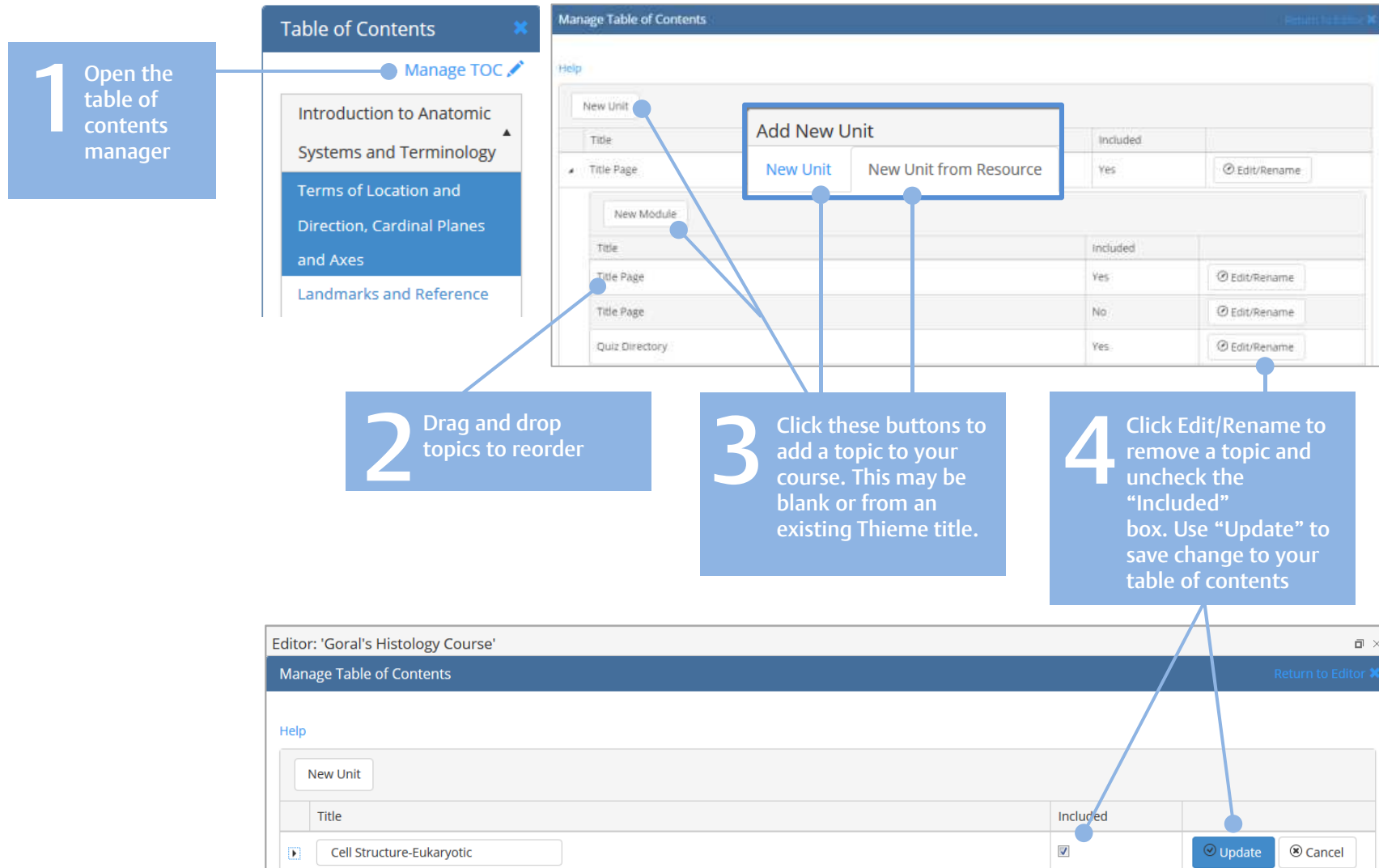
Insert images, PowerPoint slides and other resources from Thieme publications

Upload and insert your own images, PowerPoint slides, and other files.

TIPS:

- Move existing material by dragging and dropping.
- Only copy and paste text.
- Always use the MyResources function to upload and insert images.
- **Always preview your course before publishing.**

Manage your table of contents (Reorder, Add, or Delete topics)



1 Open the table of contents manager

2 Drag and drop topics to reorder

3 Click these buttons to add a topic to your course. This may be blank or from an existing Thieme title.

4 Click Edit/Rename to remove a topic and uncheck the "Included" box. Use "Update" to save change to your table of contents

The interface shows a 'Table of Contents' sidebar on the left with a 'Manage TOC' button. The main area is the 'Manage Table of Contents' editor, which includes a table with columns for 'Title', 'Included', and 'Edit/Rename'. A 'New Unit' dialog box is shown, allowing users to add a new unit or select from existing Thieme titles. The 'Update' button is used to save changes to the table of contents.

Title	Included	Edit/Rename
Title Page	Yes	<input type="checkbox"/> Edit/Rename
Title Page	Yes	<input type="checkbox"/> Edit/Rename
Title Page	No	<input type="checkbox"/> Edit/Rename
Quiz Directory	Yes	<input type="checkbox"/> Edit/Rename

Title	Included	Update	Cancel
Cell Structure-Eukaryotic	<input checked="" type="checkbox"/>	<input type="button" value="Update"/>	<input type="button" value="Cancel"/>

Publish your course

Editor: 'Goral's Histology Course'

1 Click here to close the editing tool

You will be back in the instructor studio:



Course Id	Course Name	Seats	Lab	Pub Date	Revision	
ALABG4Y26	Goral's Histology Course	50	0	Not Published	0	<input type="button" value="Rename"/> <input type="button" value="Edit"/> <input type="button" value="Publish"/> <input type="button" value="Videos"/>

2 Click Publish

3 Send course ID to students with a message to log into the site, enter the student library and use the code to redeem the course. They will have instant access.

Revise your course ANYTIME by entering the Instructor Studio, Editing the course, and Publish again. You have unlimited revisions during the term of your subscription.

Viewing and Using your Course via the Student Library

Student Library

[Redeem New Course](#)

Course Id	Course Name	Subscription Ends	
UVKG5A5W7	Anatomy, An Essential Textbook Course	4/17/2016	Open Reader

1 - 1 of 1 items

1 Once you have published your course, you will be able to view it in the Student Library reader.

Contents Create PDF Help Previous Next Search Submit

Sole of the Foot


Goals

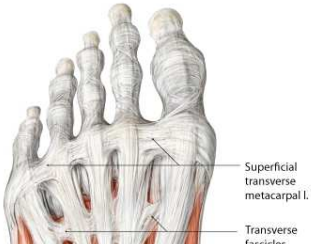
- Identify the long plantar flexor and evtor tendons in the sole of the foot.
- Identify the contents of the layers of the sole of the foot.

Dissection and Identification

1. Use a scalpel to remove the skin from the plantar surface of the foot. This should be done on both sides. With the skin removed, use a scraping motion with the scalpel to clean the surface of the **plantar aponeurosis**. It is tightly bound to the **calcaneal tuberosity** posteriorly and fans out to each digit distally, and is united by **transverse fascicles** and the **superficial metacarpal ligament** (Fig 64.1).

Insert scissors or scalpel handle under the plantar aponeurosis to free it from structures attached to its deep surface. Keeping the aponeurosis lifted, use a scalpel or scissors to transect it near the distal region, just before it fans out to the individual digits. Reflect the aponeurosis proximally.

 [Show me how: Skin the sole of the foot and reflect the plantar aponeurosis](#)



Superficial transverse metacarpal l.
Transverse fascicles

2 Use the tool bar to navigate and search through contents, print and preview modules.

3 Use your course!
Click blue links or video icon to see related content